



THORNCLIFFE CARDIOLOGY

ACCREDITED ECHOCARDIOGRAPHY LABORATORY

Division of Thorncliffe Medical Group

Suite B6, Lower Level, 45 Overlea Blvd, Toronto, ON M4H 1C3
Tel: 416-421-5065 Fax: 416-421-0301

Dr. A. Janmohamed M.B.B.S., FRCP(C) Cardiologist
Dr. K. Merali MD, FASE

Appointment: _____

PATIENT INFORMATION (Please label here if applicable)

Patient Name _____ F M
OHIP# _____ Version Code _____
Home Address _____
Phone# _____ DOB: _____

CARDIOLOGY CONSULTATION AND APPROPRIATE TESTING

- | | |
|--|---|
| <input type="checkbox"/> Cardiology Consultation | <input type="checkbox"/> ECG |
| <input type="checkbox"/> Echocardiogram (with Contrast) | <input type="checkbox"/> 24 / 48 Hours Digital Holter Monitoring |
| <input type="checkbox"/> Stress Echo (Treadmill Exercise and Echo) | <input type="checkbox"/> 72 Hours Digital Holter Monitoring |
| <input type="checkbox"/> Stress ECG Test (Treadmill Exercise) | <input type="checkbox"/> 7 / 14 Days Digital Holter Monitoring |
| <input type="checkbox"/> Consult if Test is Abnormal | <input type="checkbox"/> 24Hrs Ambulatory Blood Pressure Monitoring *(\$80) |

INDICATIONS FOR STRESS ECHO

- Typical or atypical chest pain of ischemic equivalent syndrome
- Possible ACS with non-diagnostic ECG changes and negative or borderline significant troponin levels
- History of Congestive Heart Failure
- Known LV systolic dysfunction of unclear etiology
- Significant ventricular arrhythmia
- Syncope of unclear etiology
- Borderline or high troponin levels in a setting other than ACS
- Significant cerebrovascular or peripheral atherosclerosis
- Re-evaluation (≥ 1 yr) in patients with significant cerebrovascular or peripheral atherosclerosis
- Equivocal or non-diagnostic results from other stress modalities
- Initial evaluation of patients at intermediate or high global CAD risk
- Periodic (≥ 2 yrs) re-evaluation of patients with intermediate or high global CAD risk
- New or worsening chest pain or ischemic equivalent.
- Post MI or ACS for risk stratification (within 3 months).
- Viability in patients with known significant LV dysfunction post re-vascularization
- Periodic (≥ 1 yr) re-evaluation of stable patients with known CAD (previous coronary angiography, CTA/EBCT, MI, ACS or abnormal stress imaging)
- For physiologic assessment and/or symptoms correlation in patients with moderate or severe Aortic Stenosis, Mitral Stenosis, Mitral Regurgitation, Aortic Regurgitation, Hypertrophic Cardiomyopathy
- Assessment of established or latent pulmonary hypertension
- Others:**

INDICATIONS FOR ECHOCARDIOGRAPHY

- Heart Murmurs
- Native Valvular Stenosis
- Native Valvular Regurgitation
- Known or Suspected Mitral Valve Prolapse
- Congenital or inherited Cardiac Structural Disease (including Bicuspid Aortic Valve, Marfan's Syndrome, Atrial Septal Defect, Ventricular Septal Defect, Ehler's Danlos Syndrome)
- Prosthetic Heart Valves
- Infective Endocarditis
- Pericardial Disease
- Cardiac Masses
- Interventional Procedures
- Pulmonary Diseases
- Chest Pain and Coronary Artery Disease
- Dyspnea, Edema and Cardiomyopathy
- Hypertension
- Thoracic Aortic Disease
- Neurologic or other Possible Embolic Events
- Arrhythmias Syncope and Palpitations
- Before Cardioversion
- Suspected Structural Heart Disease
- Others:**



Clinical Information: (Please fax previous report if available)

HIGH-RISK STUDIES WILL BE COMMUNICATED OVER THE PHONE

Referring Physician _____ Provider Billing #: _____

Verbal Fax: _____ Signature: _____

CARDIAC TEST PREPARATION AND INFORMATION

Accredited
Echocardiography
Laboratory

❖ CONSULTATION:

Please bring all your medications.

❖ 24 / 48 HOURS HOLTER MONITORING:

No creams/lotion on the chest. 24 and 48 hours monitoring is **NON-STOP** recording. Please be prepared for **NO SHOWERING or SWIMMING** during the next 24 or 48 hours.

❖ 72 HOURS AND 7-DAY / 14-DAY HOLTER MONITORING:

No cream / lotion on the chest. 72 hours and 7/14-day monitoring allows patients to take a shower with Monitor Removal. Patients will be taught how to put back electrodes after shower. Monitor hook-up takes 15 to 20 minutes.

❖ 14-DAY CARDIAC LOOP EVENT RECORDING:

No cream/lotion on the chest. Patients can take a shower with Monitor Removal. Patients will be taught how to put back electrodes after shower. Monitor hook-up takes 15 to 20 minutes.

❖ ECHOCARDIOGRAM:

No preparation. Test takes 35-45 minutes.

❖ STRESS ECHO / STRESS TEST:

Please wear loose clothing and running shoes. Ask your doctor if you should be stopping any of your medication. Do not apply body cream/lotion on the day of the test. Test takes 45-60 minutes.

HOW TO FIND US

We are located **inside East York Town Centre Shopping Mall, on the basement level.**

